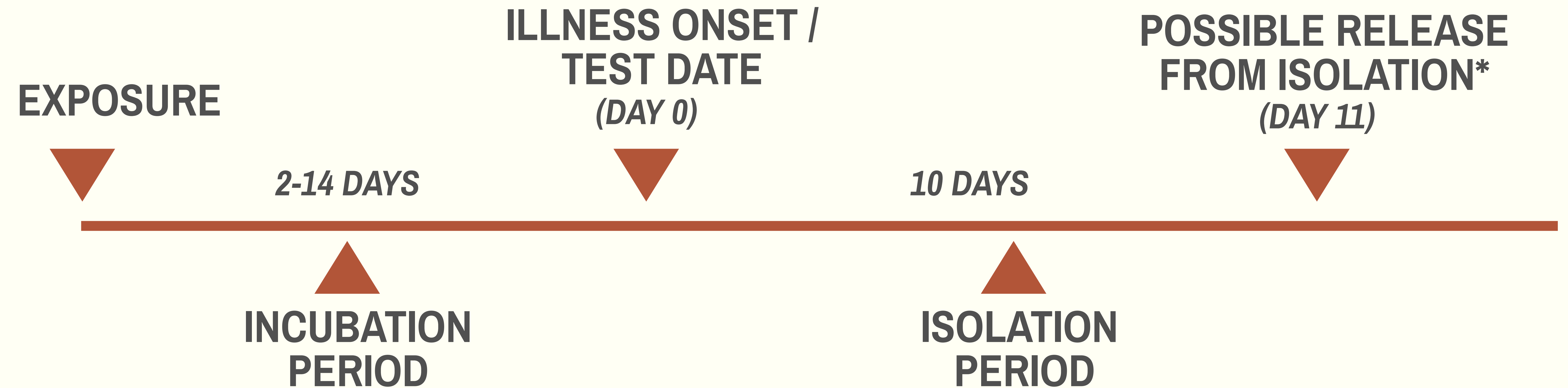


# COVID-19 ILLNESS TIMELINE



## DEFINITIONS:

- ▶ **EXPOSURE:** contact with a case of COVID-19
- ▶ **INCUBATION PERIOD:** time from exposure to a disease to development of illness
- ▶ **ISOLATION PERIOD:** time when a person is infectious and should stay away from others to prevent transmission of disease
- ▶ **RELEASE FROM ISOLATION:** time when a person is no longer considered infectious.
  - ▶ For COVID-19 cases with NO symptoms: release on Day 11 after test date
  - ▶ For COVID-19 cases WITH symptoms: release on Day 11 after illness onset date if person has been fever-free for 72 hours (*without use of fever-reducing medication*) and has seen an improvement in respiratory symptoms.