I HAVE HEART DISEASE...

HOW DO I PREVENT AGAINST COVID-19

- Follow your treatment plan and take medications as directed.
- Ask your doctor about managing your condition virtually, so that you don’t have to visit the clinic.
- Continue to practice healthy habits, including healthy eating, exercise, getting enough sleep, and managing stress.

INFORMATION + UPDATES
CORONAVIRUS.HEALTH.OK.GOV
CALL CENTER: 877-215-8336 OR 2-1-1