



CHRONIC DISEASES AND COVID-19

HOW TO MAINTAIN YOUR HEALTH:



- Take regular medications on time and as directed (obtain an extra supply of medications, if possible).



- Monitor your temperature, blood pressure (if you have hypertension) and blood sugar (if you have diabetes).



- Use telemedicine/telehealth features in place of routine, in-person medical visits.



OKLAHOMA
State Department
of Health



THD
TULSA HEALTH
Department

INFORMATION + UPDATES
CORONAVIRUS.HEALTH.OK.GOV
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