



# COVID-19 SOCIAL DISTANCING OUTSIDE

✓ YES



Maintain at least **6 FEET**  
between you and others  
outside your family unit



After returning home, **WASH  
HANDS** with soap and water  
for at least 20 seconds

X NO



Congregating in  
groups of **10 OR  
MORE**



**TEAM SPORTS** or  
sports requiring  
sharing of  
equipment



**CLOSE CONTACT**  
with individuals  
outside your  
family unit



OKLAHOMA  
State Department  
of Health



**THD**  
TULSA HEALTH  
Department

INFORMATION + UPDATES  
**CORONAVIRUS.HEALTH.OK.GOV**  
CALL CENTER: 877-215-8336 OR 2-1-1