OKLAHOMA’S LOW RISK PHASE

MOVING TO YELLOW BETWEEN 1.43 AND 14.29 DAILY NEW CASES PER 100,000 POPULATION

The Oklahoma COVID-19 Alert System is a four-tiered risk measurement tool with corresponding color categories that identify the current COVID-19 risk level.

This Low (Yellow) risk phase means COVID-19 positive cases are present in the community at an increased level, and the risk of infection is elevated. Viral testing and containment measures are able to identify most cases from a known source.

GENERAL GUIDELINES FOR INDIVIDUALS:

• Wash hands often for 20 seconds.
• Maintain physical distance of six feet apart.
• Don’t touch your face.
• Wear face coverings when physical distancing is difficult to maintain.
• Stay home if you’re sick.
• Practice symptom checks prior to team sport competitions or practices.
• Large or public gatherings and venues are suggested to operate under increased hygiene measures, physical distancing, face coverings, and symptom monitoring.
• Provide multiple meeting schedules to encourage smaller gatherings and offer online streaming if possible.

GENERAL GUIDELINES FOR BUSINESSES:

• All businesses take reasonable precautions.
• It is suggested dine-in service operate under elevated cleaning and hygiene measures as outlined by CDC.
• Encourage or implement flexible work arrangements to further enhance physical distancing.
• Wear face coverings when physical distancing is not feasible.
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GENERAL GUIDELINES FOR HIGH-RISK INDIVIDUALS:

• Wear face coverings in settings where physical distancing measures are difficult to maintain.

• For any travel, use appropriate precautions; avoid high-risk areas.

• Telework if possible.

• When visiting friends or family, wear a face covering and stay six feet away from others as much as possible.

• Limit physical interactions with other high-risk individuals, except for members of your household or residence.

• Limit visits to hospitals, nursing homes, or other residential care facilities.

• Do not interact with symptomatic individuals in person or engage in close contact.

• Limit social interactions to groups of 50 or fewer people outside of your house residence.

For more information and guidance, visit the COVID-19 dashboard at coronavirus.health.ok.gov.