

# OKLAHOMA'S NEW NORMAL RISK PHASE



## MOVING TO GREEN

LESS THAN 1.43 DAILY NEW CASES PER 100,000 POPULATION

The Oklahoma COVID-19 Alert System is a four-tiered risk measurement tool with corresponding color categories that identify the current COVID-19 risk level.

This New Normal (Green) risk phase means COVID-19 positive cases are presently at a manageable level in the community. While risk of infection is present, viral testing and containment measures can be used to monitor and control the virus.



### GENERAL GUIDELINES FOR INDIVIDUALS:

- Wash hands often for 20 seconds.
- Maintain physical distance of six feet apart.
- Don't touch your face.
- Wear face coverings when physical distancing is difficult to maintain.
- Stay home if you're sick.
- Practice symptom checks prior to team sport competitions or practices.
- Large or public gatherings and venues are suggested to operate under increased hygiene measures, physical distancing, face coverings, and symptom monitoring.

### GENERAL GUIDELINES FOR BUSINESSES:

- All businesses take reasonable precautions.
- It is suggested dine-in service operate under elevated cleaning and hygiene measures as outlined by CDC.
- Follow elevated hygiene guidelines and continue physical distancing in the workplace. Employers exercise discretion with returning to regularly scheduled, onsite work.
- Wear face coverings when physical distancing is not feasible.



# OKLAHOMA'S **NEW NORMAL** RISK PHASE



## **MOVING TO GREEN**

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### **GENERAL GUIDELINES FOR HIGH-RISK INDIVIDUALS:**

- Wear face coverings in settings where physical distancing measures are difficult to maintain.
- For any travel, use appropriate precautions; avoid high-risk areas.
- Telework if possible.
- When visiting friends or family, wear a face covering and stay six feet away from others as much as possible.
- Limit physical interactions with other high-risk individuals, except for members of your household or residence.
- Limit visits to hospitals, nursing homes, or other residential care facilities.

For more information and guidance, visit the COVID-19 dashboard at [coronavirus.health.ok.gov](https://coronavirus.health.ok.gov).

